

About the Course Instructor:

Sarah Mee: An experienced hand therapist and OT started working in 1988 in Mount Vernon Burns and Plastics Unit in London. She began specialising in hand therapy first at University College Hospital and then East Grinstead Regional Hand Unit. From 2000, she has worked at Chelsea and Westminster Hospital Wrist and Hand Unit, London. For the last 6 years has worked as a Consultant Hand Therapist running diagnostic and triage clinics for acquired hand/wrist conditions and acute hand trauma. Treating complex acquired and traumatic orthopaedic and plastics wrist and hand injuries and congenital conditions. Sarah runs a team of 15 hand therapists (generic PT /OT).

Sarah has been active in the British Association of Hand Therapy as Chair of the Education Committee and is an Accredited Hand Therapist (BAHT). She has taught in Hand Therapy since 1990 and is a Partner in N.E.S Hand Therapy Training LLP (www.neshands.co.uk) , and lectures nationally and internationally to therapists and doctors on Masters, post grad, accredited and local courses. (sarah@sarahmee.co.uk).

