

Stockholm Hand Therapy Day

Programme – PIPJ/Wrist

9.30	Registration and coffee
10.00	PIPJ anatomy and biomechanics
10.30	Instability and development of deformities
11.00	Assessment and Management of PIPJ problems
12.00	Wrist anatomy
12.30	Surface anatomy of the wrist
13.00	<i>Lunch</i>
13.45	Normal and altered mechanics of the wrist - provocative tests and theory
14.30	<i>Tea</i>
15.00	Current concepts in rehab of the unstable wrist
16.00	SLL and MCJ instabilities - treatment and clinical reasoning
17.00	Close